

# Bar Menu

## **Orkney Haddock 2, 5**

Deep fried locally landed Haddock, Battered or Breaded  
Served with Chips & a choice of Peas **or** Salad

**£16.50**

## **Golden Scampi 2,3**

Coated in breadcrumbs and deep fried, Served with Salad & Chips

**£12.75**

## **Chilli Beef Stir Fry & Rice (GF) (DF) 13**

Strips of Orkney Beef with Onion, Pepper & Sweet Chilli Sauce, Served with Rice

**£13.25**

## **Sands Curry (DF) (GF) 1, 9**

Homemade Chicken Curry Served with Rice &/or Chips & a Poppadum

**£13.75**

## **Homemade Lasagne 1, 2, 4,7,9**

Beef or Vegetable (V) Lasagne Served with Salad &  
Chips **or** Garlic Bread

**£13.95**

## **Macaroni & Cheese (V) 2,7,9**

Macaroni served in an Orkney Cheddar Cheese Sauce  
With Salad & Chips **or** Garlic Bread

**£13.25**

**Add Bacon £2.50 extra**

## **Tex Mex Burger 1,2,9,12,13**

Two x 3oz Tex Mex Burgers in a Seeded Bun with Crisp Salad

**£12.95**

**Add Cheese £1.00 or Bacon £2.50**

## **Sands Salad**

Lettuce, Tomato, Cucumber, Coleslaw, Tattie Salad, Boiled Egg  
Select from Ham, Tuna or Cheese with Pineapple

**£12.95**

## **Side Dishes**

Whisky Sauce (1, 7,14)	£3.50	Pepper Sauce (1, 7,14)	£3.50
Garlic Butter	£2.50	Side Salad	£3.50
Chips	£3.50	Homemade Coleslaw(4,9,7)	£2.00
Onion Rings	£3.50	Garlic Bread (2)	£3.00

1.Celery, 2. Gluten, 3. Crustaceans, 4. Eggs, 5. Fish, 6. Lupin, 7. Milk, 8. Molluscs, 9. Mustard,10. Nuts 11. Peanuts, 12. Sesame Seeds, 13. Soya, 14. Sulphur Dioxide

(DF) Dairy Free (SF) Shellfish (N) Nuts (Vg) Vegan (V) Vegetarian

**(GF) Gluten Free – These require to be adapted to GF so please advise your server when ordering**